



# PERSONALITY DEVELOPMENT

## Overview:

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If businesses or individuals want greater success, then the answer resides within the ability to improve motivation, improve the use of energy and to improve talent. Yet, almost every time, the emphasis is on talent or the hard skills with little or no focus on developing one's own personality.

This is a busy one-day Personality Development training workshop that is designed to help emerging leaders create a more dynamic, loyal and energized personality and replicate it in their workplace.

## Benefits for the Participants:

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- By attending this training seminar you'll learn how to:
  - Identify the link between motivation and employee performance
  - Recognize the external factors that can influence performance
  - Discover ways to build and encourage self motivation
  - Learn effective strategies to encourage and sustain positive attitude
  - See things in different perspectives
  - Manage and adapt to change
  - Have a clear vision and overcome obstacles

## Training Topics

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- What is Success?
  - Characteristics Essential to Achieving Success
  - Showing Self-Confidence
  - Never Give-Up
- The Power of Positive Attitude
- Ways to develop a positive attitude:
  - Employ the 'Flip Side' technique.
  - Play your winners
  - Simplify! Simplify
  - Clarify your mission
- Importance of Commitment
- Power of Persistence



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- Ways to Motivate Oneself:
  - Focus
  - Hard Work
  - Positive believing
  - Character
  - Give more than what you get
  - Pride of performance
  - Passion
  - Strategy

## Who Should Attend?

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- Supervisors, Managers and Team Leaders

## Training Hours:

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- The duration of the training program will be 8 hours

## Training Methodology:

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- PowerPoint Presentation
- Movie Clips
- Group Activities

## Resources Required:

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- Momentum Training Solutions will conduct the training
- Maximum number of participants to a session will be 15
- The training will be conducted at a venue organized by your organization
- The following will be provided by Aricent:
  - Handouts will be printed/photocopied
  - The LCD projector & Audio speakers